MICRONEEDLING TREATMENT INSTRUCTIONS

The following conditions prohibit treatment with microneedling:

* Accutane use in the last 6 months
* Active Acne
* Rosacea
* Keloid scars
* History of eczema
* Psoriasis and other chronic conditions
* History of actinic (solar) keratosis
* Active sunburned skin in treatment area
* Scleroderma, collagen vascular diseases or cardiac abnormalities
* Blood clotting problems, active bacterial or fungal infection, immuno‐suppression

*\*Not recommended for women who are pregnant or nursing*

*\*Not recommended in areas treated with injectables in the last 2 weeks*.

**Pre-Treatment Instructions**:

 Discontinuing Auto‐Immune therapies, Retin‐A (Retinol/Tretnoin) 48 hours before microneedling procedure. Please let your provider know if you have a history of cold sores/fever blisters PRIOR to treatment, so an anti-viral medication can be prescribed. Treatment cannot be done if you have an active cold sore or skin infection and will be rescheduled.

**Post‐Treatment Instructions**

After the procedure, the skin will be red and flushed in appearance in a similar way to moderate sunburn. You may also experience skin tightness and mild sensitivity to touch on the areas being treated. This will diminish greatly after a few hours following treatments and within the next 24-48 hours the skin will be completely healed. After 3 days most visible erythema will resolve.

**Note:** Avoid sweaty exercise and sun exposure during first 12 hours.

**Immediately**

Step 1: Using a damp gentle gauze or disposable cloth, pat down the treated area.

Step 2: Reapply thin layer of *Eclipse MicroGlide™* or Hydrating serum.

Step 3: Apply a *Hydrating Balm, we recommend PCA Rebalance or Calming Balm.*

Step 4: Apply a *Sensitive Skin Anti-Oxidant Facial Sunscreen of at least SPF30*.

**Day 2 & 3: PCA Post-Procedure Solution & Growth Factor Serum**

1. Cleanse - Cleanse skin using *PCA Facial Wash* or a Gentle Cleanser.

2. Revive **-** Apply *PCA Total Strength Serum* or Growth Factor.

3. Sooth **-** Apply *ClinicCalm 1%* or Hydrocortisone and *ReBalance*.

4. Protect- Apply *Perfecting Protection Broad Spectrum SPF30* or Sunblock of at least SPF 30.

5. Hydrate- Apply Silkcoat Balm or a nighttime moisturizer.

**Repeat step 3 as necessary throughout the day**